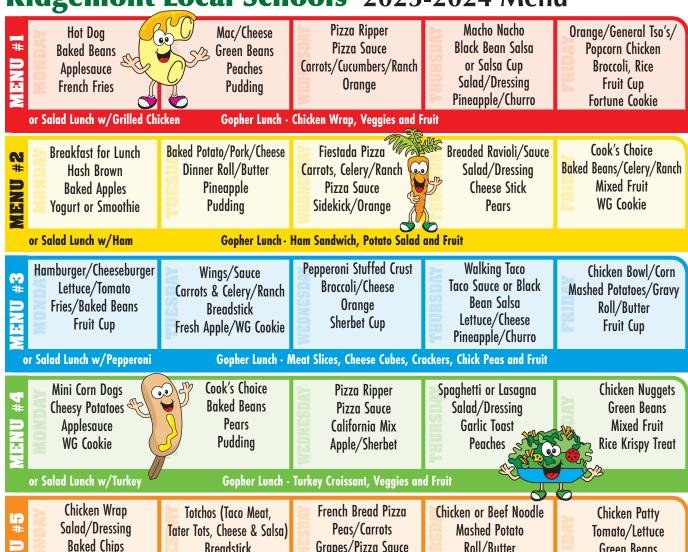
Ridgemont Local Schools 2023-2024 Menu



Grapes/Pizza Sauce

Pudding

BREAKFAST MENU Muffin or Pancake Wrap Juice or Fresh Fruit Bagel/Cream Cheese Donut or Cereal Bar Juice or Fresh Fruit Frudel or Pancake Juice or Fresh Fruit

> *Free and Reduced lunch program applications are available on line at www.pyschoolscentral.com or at the welcome center.

Pop Tart,

Milk

Milk Smoothie.

Juice/Fruit Milk

Cereal Bar,

Cinnamon Roll or Waffle

Milk

Frudel, Pop Tart

or Muffin

Juice/Orange

Milk

*Parents are encouraged to prepay for a la carte. Go to the school website under the cafeteria tab and click on the Pay Schools link. www.payschoolscentral.com

Free students receive a free breakfast

www.ridgemont.k12.oh.us

Lunch Prices

K-8 Students	\$3.00
9-12 Students	
Reduced Lunches	
Adult Lunches	
Milk	
MIIK	.*U.DU

Breakfast Prices

Student	. \$1.75
Reduced	.50.30
Adult	\$3.00

3 Menus Offered Daily

- Main Menu
- Chef Salad
- Gopher Lunch

*Fat free flavored milk and 1% white milk

No Breakfast served on delay days WG=Whole Grain

Menu is subject to change.

High school students will be offered a second entree daily

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

or Salad Lunch w/Diced Chicken Gopher Lunch - Sub Sandwich, Veggies and Fruit

Breadstick

Pineapple

Mandarin Oranges

USDA is an equal opportunity provider and employer. OCTOBER 2023 NOVEMBER 2023 FEBRUARY 2024 AUGUST 2023 SEPTEMBER 2023 DECEMBER 2023 JANUARY 2024 MAY 2024 1 2 3 4 1 2 3 4 5 6 3 4 5 6 7 8 9 7 8 9 10 11 12 13 5 6 7 8 9 10 11 3 4 5 6 7 8 9 4 5 6 7 8 9 10 3 4 5 6 7 8 9 7 8 9 10 11 12 13 10 11 12 13 14 15 16 15 16 17 18 19 20 21 12 13 14 15 16 17 18 10 11 12 13 14 15 16 14 15 16 17 18 19 20 11 12 13 14 15 16 17 10 11 12 13 14 15 16 14 15 16 17 18 19 20 19 20 21 22 23 24 25 17 18 19 20 21 22 23 21 22 23 24 25 26 27 18 19 20 21 22 23 24 17 18 19 20 21 22 23 21 22 23 24 25 26 27 27 28 29 30 31 24 25 26 27 28 29 30 29 30 31 26 27 28 29 30 24 31 25 26 27 28 29 30 28 29 30 31 25 26 27 28 29 24 25 26 27 28 29 30 No School K-6 Nov 20 No School for Elementary March 26 Leaderprinting • 1-888-326-4371

Roll/Butter

Peaches

Green Beans

Fruit Cup/WG Cookie